

Metaphysics (from Greek: (meta) = "after", (phúsis) = "nature") is the branch of philosophy concerned with explaining the nature of the world. It is the study of being or reality.

The METAPHYSICAL TIMES



Volume VII Issue 3

Summer 2012

Priceless

are here!

EVENTS

SYRACUSE, NY

Sat. & Sun. July 14 & 15, 2012
Metaphysical Times
Psychic Fair
10:30a.m. - 8p.m.
Whitney Center
OCC Campus

SYRACUSE, NY

Sat. & Sun. July 14 & 15, 2012
Syracuse Gem & Mineral Show
SRC Dome OCC Campus

SYRACUSE, NY

August 5, 2012 Kryon Event
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SYRACUSE, NY

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ROME, NY TBA

August 18 & 19
Erie Canal Village

ROME, NY TBA

August 18 & 19
Erie Canal Village

UTICA, NY

Sat & Sun, Sept. 8 & 9, 2012
Utica Business Park Holiday Inn

VERONA, NY

Sept. 13-16, 2012
PARACUSE
at Turning Stone Casino

LIVERPOOL, NY

Pagon Pride Festival
September 15, 2012
Longbranch Park

WATERTOWN, NY

September 29 & 30, 2012
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CORTLAND, NY

Cortland Psychic Fair
and Holistic Living Expo
Ramada Inn
October 13 and 14, 2012
10a.m. - 7p.m.

LITTLE FALLS, NY TBA

Beardsley Castle

ROCHESTER, NY

Sat. & Sun., Oct. 20 & 21,
Henrietta Dome Center,

CANTON, NY TBA

2, 3, 4 Nov. Canton, NY

LYONS FALLS, NY

Fri., Sat. & Sun., Nov. 9, 10, 11,
Edge Hotel, Lyons Falls

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News, discounts, contests

Aura Reflections

by Linda Bloser

The aura is the field of energy surrounding your body. It tells the essence of everything you feel. It is sensitive. Have you ever been at a gathering with your back to the door and someone enters the room and even though you didn't see them, you knew they were there because you felt their presence. This happens when the person making the grand entrance has a large, dynamic energy field.

Conversely, there are many people who are so sensitive to the energy around them, they are unable to even attend that gathering or go to a crowded mall. They literally pick-up and feel the energy and emotions of people around them. It is like being bombarded with paint balls and very difficult to navigate without attracting the energy debris of anyone nearby.

Each of our energy fields - our aura - is unique. Like snowflakes, no two are alike. The fields vibrate at different frequencies and reflect the states of mind, body, and spirit. We all have 100% of energy, so how your mind, body, and spirit fields are divided is always correct depending on what is going on in your life at the moment. The interpretation of the energy of the colors in your aura provides valuable information and insight to understand how you are utilizing your energy field

right now.

continued on pag #22

Metaphysical Times Psychic Fair July 14th & 15th

NEW LOCATION

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Details begin on page 16



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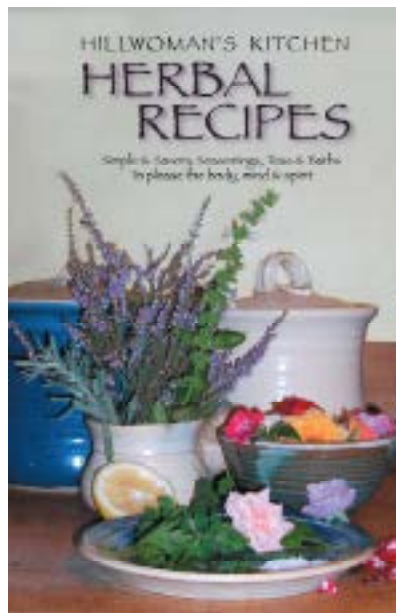
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See Sue-Ryn's Article Page #6

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Rambling Along the Metaphysical Path

SHOWTIME!

By Georgia E. Cunningham, PhD

Publisher, Metaphysical Times

I'm not doing much rambling in this issue, it's just too jam packed with ads and articles for much room to be left over. The **Metaphysical Times** is presenting its 3rd Psychic Fair and Holistic Expo on Saturday and Sunday July 14th and 15th. As usual we will be in a building right next door to the Syracuse Gem and Mineral Show. The show location has changed and we both have moved across town to the campus of **Onondaga Community College**. The Gem Show is in that BIG, new SRC dome arena. The Metaphysical Times show is across the street at Whitney Hall. There will be some FREE admissions to the Psychic Fair available at our FaceBook page: **Metaphysical Times Publishing Company**

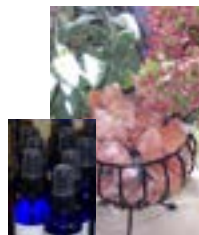


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Twenty first in a continuing series by Sue-Ryn

Baby Season

People have many names for the months and seasons of the year. I suspect this is the Strawberry Moon because roadside stands are selling the fruit and the first batches of jam are being made. Many are calling it Summer as the longest day of the year quickly approaches, though the temperature is still vacillating up here. Seeds are planted and sprouting, greenhouse plants have been transplanted, some of the first greens have already been eaten or hung to dry, and the green realms are bursting forth with a constant wonderful abundance. As a wildlife rehabilitator I am in the heart "Baby Season"...a period of magic, mayhem, and occasional heartbreak.

The season started with Bunnies, which is typical. Some look down upon these adorable mammals as unremarkable, but like many other animals, they feed many other creatures and are very important in the wild food chain. Bird watchers may recall an influx of Great Grey Owls a few years ago caused by a drop in the Vole population after a strangely warm winter. Young Rabbits can be very challenging because they are easily stressed and have a complex digestive system that is easily upset. We haven't had any Squirrel babies yet, much to Steve's dismay. They are really a lot of fun and come with a different set of challenges. New to us this year are the Woodchucks. We were lucky to get two from different families within days of each other. I say lucky because they are really smart and cute and easily become pets. Having a sibling keeps them somewhat less domesticated as they learn new tricks. We thought about calling them Oscar & Felix after that famous pair of dissimilar roommates because that's how ours acted upon being introduced. One was delighted to find the other and the other was less than thrilled, they have very different temperaments. Then we realized they seem to be females. We resist naming anyone, unless they earn a name, and mostly we refer to the two as "the chuckles", partly because of their funny little mumbings.

Baby birds have been arriving in small flocks as usual, starting with Starlings. Most have heard some story about Starlings being brought to this country because someone thought they were "cute", which is difficult to fathom...unless one has raised young ones. Like many "nuisance species" they are amazingly smart, adaptable, and "sturdy". I'm sure the Starlings that arrived by boat were much loved by the humans who brought them along enduring a rough and unpredictable journey. The birds probably provided hours of entertainment. This year after releasing what seemed like a small flock in the yard, nature made herself apparent. The Starlings were all self feeding, but several were quite also quite spoiled and continued to hang around making a lot of noise and demanding a food-plate (a Frisbee full of food on top of an outdoor cage). One morning as I fed a cage full of Robins, a medium sized grey hawk swooped in and snagged breakfast, who gave one final croak and was carried off. About two heartbeats later, every Starling in the yard flew off like a rocket. The caged birds were all awestruck & quiet. It all happened so fluidly fast that I'm still not sure who the Hawk was. We didn't see too many of that flock for few days.

Robin and Starling nestlings look very similar to most of us. Part of that initial "flock" were birds saved by a shopper from a big box store parking lot where the nests had been torn off the building and the inhabitants left to

their fate. The fireman who called me said they were Robins, but I assumed no one would do that to Robins and that they were probably Starlings. When we reconnected to arrange for friends to transport the baby birds, he said he was pretty sure they were Starlings after further research. We have also had a couple of incidents where Starlings were thought to be juvenile "birds of prey" because of their sharp beaks and spikey claws. Most folks don't stop to consider how quickly birds must grow during their first spring. Large birds usually have large offspring who will quickly grow large enough to migrate at seasons end.

The parade of birds has been wonderful this year. We've had some bouncy sweet tempered Robins, some raucous Grackles, a few Owl "branchers" (big

enough to fledge, but not able to do more than climb from branch to branch and get themselves into challenging situations), and a few Ducklings and I know there will be more. I exchanged a Barred Owl brancher & a baby Wood Duck with Jean Soprano of Kindred Kingdoms (she had a small flock) for a nest-full of six tiny Chickadees some folks had taken to a nature center after destroying their nest during a swing set relocation project. They

required an immense amount of feeding time at first, but are so adorable it was a pleasure. One morning after some time outside I noticed a slightly misaligned foot on one of them. Since it didn't look better by day's end, I knew I'd have to stabilize it with a padded wrap. Steve held the tiny hooded patient while I worked with minute strips of cotton padding and vet wrap. It was akin to repairing a soap bubble...and I was concerned about the weight of the bandage as well as the stabilizing effects. She became known as "big foot" and flies around as well as any of the others, even after a bath, now that they are outside full time. The first time they swarmed me in their cage I nearly burst with joy. Soon they'll go to a final larger cage and get accustomed to even more flight space and a small feeder, then it will be time for them to go free.

What most folks don't realize is that birds can be re-nested with a little effort. Usually the parents are around, waiting for the scary humans to back off. Placing the errant fledgling in a small box or basket up in a shrub or tree can put that baby where the parents can hear and care for it. Last year a man called after cutting down a tree with Owls living in it. He wasn't sure if the mother survived, until she flew up to another tree upon regaining her composure. I walked him through the re-nesting concept and he said he would give it a try. The next day he called to tell me he had taken a clean five gallon bucket with a lid, made some drainage holes in its bottom, cut a hole in the side of the bucket the size of the one in their tree nest and strapped the bucket to a nearby tree at the approximate height of the old nest. He put surviving Owl baby in the bucket and by the next morning the mother was feeding them. No one can raise a wild baby like their natural parents.

continued on page #8



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by David Warren

When I introduce visitors to my wife Olive, most of them pretend not to notice that she's a chicken, and are too polite to ask why I married outside my species. So let me explain.

First of all: our relationship is not about sex. Get that out of your mind. Ours is a marriage of mutual benefits and general convenience. Of course it is more convenient for Olive than for me, and unfortunately, eggs are not one of the benefits. Hens, like other women, are born with a limited number of ovaries to let down in a life time - around three hundred and fifty for a hen - but Olive stopped laying long before reaching that limit, no doubt as a result of her abuse by the other chickens.

I don't know if it was the roosters or the hens who ganged up on her, but one morning during the first year of the flock, I found her lying in a corner of the coop, beaten nearly flat.

She is a Dominker, which is a breed common in the nineteenth century, before Asian varieties were bred into the European stock, and different enough in feathering and comb that the other chickens discriminate, to say the least. Her several brother Domikers had already been driven by the other roosters to the periphery of the flock, where they have not survived.

I carried her up to the house and set her in a box on the floor by the chair where I write.

I put her food in a bowl on the kitchen floor along side the dog dishes, but each evening at

"Why I Married a Chicken"

roosting time she insisted on climbing up over my lap to spend the night on the back of my chair. The gallon can of Olive Oil sits on the shelf behind her. And so, she became Olive.

After a week or two, I tried to reintroduce her into the chicken coop....but the hens immediately attacked her, so I brought her back to the house. And when I put her out among the ranging hens, she would immediately fly at them in like a hopped up rooster in a cock fight.

She had less of an aversion to the roosters, and would occasionally offer herself to one of the favorites I sometimes allowed into the house. She also started crowing occasionally.....never the complete phrasing, but two thirds of it, which is more than I have ever heard from the other hens.

My mother used to say, "Whistling girls and crowing hens, always come to some bad end." But there isn't much I could do about it.

The crowing behavior first began when I would leave the house.... or even the room.

She would also crow sometimes when I sang. This first occurred a couple of years ago when I began doing my weekly video weather report for the Tiny Town Times. She was usually sitting on the back of my chair when I recorded the sitting down portion of the video, so I incorporated her in it, as Olive the Weather Hen.

I guess that was a good move. Olive became famous, with more fans than me in my role as Davey Weathercock, and she aroused more interest than the substance of my weather commentary.

For a while, before the economic crash, we made a weekly salary which kept us in chicken feed and wine, for which Olive has developed a taste. We entertained a number of eminent Olive seeking pilgrims.

continued on page #20



Nineth in a continuing series by Bob Canino

"UFOs Above the Law: True Encounters with Law Enforcement"

by Jim Bouck and Frank Soriano

ISBN: 978-0-7643- 3920-2

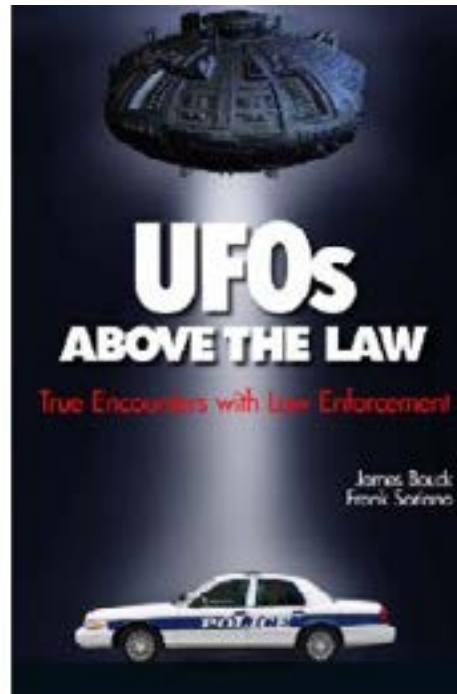
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an overview by Bob Canino

Paranormal researchers will tell you that no matter what factors are brought to the fore in an investigation, there is one that inevitably trumps all: witness veracity. No matter what kind of hard (or soft) evidence is uncovered, the solid ground upon which each case is ultimately based is the testimony of the first party witness(es). Although the man on the street is most usually a fine witness, some walks of life make for more gifted and precient observers due to either the nature of their profession, their professional training, or both. So it comes as no surprise that students of paranormal phenomena have long given more credence to incidents reported by local, regional and military police forces. Their training, coupled with the fact that they may at any time be called upon to provide verification and testimony in a court of law, makes those who work in the public safety field witnesses of the very first rank.

In "UFOs Above the Law" authors Jim Bouck and Frank Soriano have assembled several first hand reports of UFOs as experienced by men and women from police departments around the world. Since both are former law enforcement officers, as well as being seasoned UFO researchers (Bouck was New York State Director for the Mutual UFO Network [MUFON] for several years) the reports contained in the book are some of the best documented UFO incidents on record as well as being some of the most astounding. Included side by side are better known incidents - such as Lonnie Zamora's 1964 Socorro, New Mexico encounter and the multi-witnessed event at Exeter, New Hampshire in 1965 - right along with such lesser known encounters as the 1974 Albany, New York



UFO "Flyby" (where a UFO was tracked doing 3600 MPH) and the 1966 Ohio police chase where nine officers from five counties chased a UFO for several hours - an event that had nearly a hundred separate witnesses on the ground alone. Soriano and Bouck have also given the reader another rare treat in that they include a portion of the late international researcher Bob Pratt's book, *UFO Danger Zone: Terror and Death in Brazil.* The excerpt they include involves the little known (in general circles) Varghina ET Case from 1996 where Brazilian State Police (with American military help) supposedly captured two strange creatures near a small Brazilian town during the height of a UFO "wave" that was engulfing the region. "UFOs Above the Law" is also fleshed out with a short precis of the UFO phenomenon, as well as Soriano's first person narration of his involvement as a first hand witness to the phenomenon itself. A technical analysis of one of his more spectacular sightings - "The Double Peanut UFO" from 1998 by crack veteran researcher Bruce Maccabee rounds the book out.

Well documented, exhaustive, and - taken in its entirety - astounding, *UFOs Above the Law* is a lasting contribution to the field of UFO research in specific and to the larger field of the paranormal in general. It belongs on every serious researcher's bookshelf.

continued from page #6

Baby Season

There is a lot of information about hand rearing and care of the wild on the internet. Some of it is really good and some of it is not. Like any research, your best advice will be repeated by several people and on several sites. Very few folks take in every species and most rehabbers are willing to help people figure out emergency care until they can find someone to take in species they don't handle. Predators and prey can't be housed closely if anyone is going to heal.

While many think it "would be cool" to work with animals in this way, there is a lot about it that can present challenges. For one thing, it is a major commitment of time and energy and it is all voluntary the government does not fund any of us. There is non-stop feeding, cleaning, and tireless observation involved in preparing wildlings to return to nature. During their recovery it is crucial to protect them from the stress of "civilization," including your best friends wanting to see, handle, or feed them. Animals who become too accustomed to people only end up in trouble again. Every creature has very specific environmental and dietary needs that must be met, which can get costly. There is also the problem of "attachment" at every turn, and it must be dealt with to return healthy, self-reliant creatures back to the wild. If a person is attracted to the vision of themselves with an bird of prey on their gloved arm, they need to reconsider their fantasy, and might just better serve everyone involved by getting a Falconers training and license.

Any time one is dealing with life, death is part of the dance, and as any rehabilitator can tell you it's the part that will raise the most self-doubt. There are times when an animal comes in and the most one can offer is a peaceful place to die and some pain medication. Other times, death pops out of nowhere, making one replay every step, questioning every decision. Some animals are susceptible to certain diseases and disorders. Occasionally a sibling dies in captivity and the survivor just 'gives up' - you can see it in their body language that they have decided they are "out of here". One does not "get used to it" but one does come to terms with it, usually begrudgingly, as part of the package. One way of coping is to recall the successes and remember the really positive outcomes. Death is not "the enemy", merely part of every life. There is always some learning or gift that comes out of those experiences, though sometimes it can take a while to recognize and appreciate them.

The phone just announced incoming wounded will be here in an hour. Time to prepare another set-up and get some foods lined up and some heat started for a tiny orphaned Oriole someone's cat grabbed.

I'll try and show the human the nifty "Cat Bib" (available online) our feral born pet is now wearing. He still climbs and gets around and does all of his other "important outdoor cat business", but the bib interferes with "the pounce" and he has not killed or caught a single bird since he started wearing it.

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THERE ARE NO "VICTIMS"

Dear Dennis,

I had a very unpleasant experience. A guy with whom I thought I had a great relationship has turned out to be a scam. I know what you will say, "There are no victims." I became so involved in his drama that when he started to cry and ask me to wire money, I did. It is incredible. I am in disbelief, that I could wire money to a stranger whom I do not know.

Are there any words of wisdom you could share for this experience? I will appreciate it.

Maria

Dear Maria,

All of our experiences have a "Silver Lining." These are always "stepping stones" to expansion, growth and wisdom. Knowledge and Love are One, and the measure are these developmental tensions and constructive crises experiences. Your compassionate side wants to work with your practical and cautious side, so compassion with detachment is sometimes a solution to such wonderful growth experiences. You're right, "there are no victims" in a Creation orchestrated by the Universal Law of Attraction ("Like attracts like")

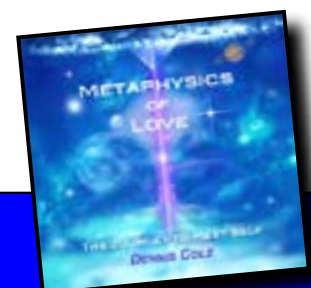
Inwardly, thank that person for being a match **at the time** and an opportunity for you to grow and create your Life on purpose. How? By following the trail of thoughts that just feel better-and-better.

Don't give up on Love. Just consider being more proactive. In other words: Tell your Source Energy how **you** would LOVE to feel and be in a relationship. Then imagine reasons why you want that - trick yourself into a virtual reality

feeling in that way. Then relax. Put the "Inner Marriage" first, for that is what we all are really yearning for when we seek love. Then, if you don't compromise your values, about how you would love to share with a God substitute, and if you use that faith and perseverance that is there for you, then the right one will come along. You don't have to tolerate or compromise your values and your desires. You simply need to remember that **we always attract into our lives whatever we're choosing to think about most - whether we like it or not!**

Please consider, Maria, that if you're looking for ANYTHING outside of that "Heaven within you" - as billions do - then, **more** growth experiences! When you can find peace and happiness within Self, then, pretty soon, under the Law of Attraction, the person who matches that new you can appear in your "Play" - or on the dance floor - wherever! You don't have to worry about the "who-how-when?" Source Energy will orchestrate and assemble all the cooperative components! You just need to remember that you've asked, by your desires, and it's given. It awaits you in "Vibrational Escrow." Your work now is to have fun and to **Love you!** Then allow the Law of Attraction to match that with a kindred Spirit.

When we learn to **care** about and **pay attention** to how we feel, and to never talk ourselves into anything that doesn't feel good, then Universe will respond accordingly.

In Oneness,
Dennis

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Just The Facts

Part II



By Don Brennan

As a young man, Mikao Usui, the founder of Reiki, left the village of Taniai, in the Gifu prefecture, moved to Tokyo, and followed a rather strange assortment of pursuits.

He was a journalist for many years. It is unclear whether he worked for a newspaper or a magazine, but he had the pen name Gyohan, which is mentioned on the memorial monument where his ashes are interred at the Pure Land Buddhist temple at Saihoji.

He then became a prison counselor and later, a Shinto missionary. So when Mrs. Takata told her students that Usui was a Christian missionary, it wasn't a complete fabrication. He was a missionary, but a Shinto missionary and not a Christian missionary. And in Fran Brown's book, she tells the story of Usui running through the city with a torch, in broad daylight. As people asked why he was doing this, he would say, "The world is in darkness and I am bringing them the light." But this had nothing to do with Reiki or recruiting Reiki students. It was from his time as a Shinto missionary.

This ritual was a practice of one particular Shinto group. And many people who later became well known spiritual leaders, like the founder of Aikido and the founder of the Joi Rei Fellowship were members of this group. So it is very likely that Usui practiced this ritual as a Shinto missionary.

After this pursuit, Usui began his long career in political service, as secretary to Shinpei Goto, who later became mayor of Tokyo. Together they went on political missions to various foreign countries, escorted by the navy. Because of these associations, Usui got to know many important military and political leaders. And because of Usui's wealth, at the time, he also knew many powerful wealthy people. Many of the day's movers and shakers eventually studied Reiki with Usui when he later began teaching Reiki. All of these connec-

tions (especially the navy) helped later on, with the growth of his Reiki school.

The stories of Usui leaving the country on a spiritual quest are not possible. Yes, he could have left Japan, but the government would not have permitted him to return to Japan. It was only possible to travel back and forth on political missions.

About the time that Usui started teaching Reiki, the Japanese government was suppressing various esoteric healing groups. So many of them became spiritual societies, that also practiced esoteric healing, as a way to avoid this scrutiny. Usui chose to keep Reiki as a lay practice, and because of all his powerful connections, the government left him alone.

After Usui left his career of political service, he started his own business. We have no idea what this business was. All we know for sure is that he went bankrupt. After his bankruptcy, he experienced a kind of mid-life crisis, causing him to ask those all-important questions about life.

At this time, 1919, he entered a Zen Buddhist monastery in Kyoto, where he stayed for 3 years. He didn't become a monk; he was simply there to experience deep meditation. This was actually a common practice at the time. And it is still possible, although not very common, for people to do this today. One takes some time out, to go within.

His children, a son and daughter, were still quite young, somewhere around the age of 10. Obviously this was difficult for the family. In 1999, Arjava Petter told me that Usui's son's wife had left in her will, instructions that Mikao Usui's name never, ever, be mentioned in her house after her death. I asked him if this might be because

the children had felt abandoned when Usui devoted his final years to traveling around Japan to teach Reiki. Arjava's response, so typical when he didn't have a factual answer, was "It's possible, but I don't know."

Now we can see that Usui's spiritual journey was a much longer distraction from attending to his family's needs. He wasn't available for a very large portion and a very critical developmental stage of his children's lives. Apparently, there was never any resolution in the family about this.

A few years ago, Arjava met Usui's grandson, who was still living in Usui's house. The grandson knew nothing about his grandfather and was not interested in learning anything about him. He made it clear that he was unwilling to talk to Arjava at all.

The reason Usui went to the monastery was that he was looking for An Jin Ryu Mei, which is the Zen Buddhist term for permanent, complete enlightenment and peace, or the complete, permanent absence of anxiety and tension.

The Zen Buddhist temple experience is very difficult. One sleeps very little, works very hard and meditates long hours. There is a great deal of discipline. Everything is designed to destroy the ego, to allow for enlightenment to take place.

For 3 years, Usui worked very hard on himself, but did not find what he was looking for. Deeply disappointed, he decided to approach the abbot of the temple to seek his counsel.

Next issue: Mount Kurama and the birth of Reiki!

If you missed Part I, you can read it online at lifecenterforwellbeing.com



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Infinity Plus 1



Only a few centuries ago it was generally considered (by Christians) that the world was a few thousand years old; that the account in the Bible was rock-solid; that it all began on those wonderfully creative seven days ... well six days, for the Deity took a breather on the seventh.

Biblical history is not very long. In fact, it is a tiny little bit of time. tiny. Scientists have 'proven' the age of the earth to be in the millions of years. Despite learned discussions, nobody knows when or how humanity first appeared on Earth. But it was a long, long, long time before the biblically established history.

And that's just Earth - this little spit-ball of a planet, this lump of dirt and moisture, spinning, rolling around the sun - another fairly insignificant entity, except that it nourishes all life on Earth. And the Milky Way - another galaxy, another galaxy - Hohum. It's not very large as galaxies go. Not very significant; it's just one of billions, one of gazillions. Uncountable. Vast. Infinite. Infinite now there is a word to wrap one's mind around (and many do, for example the mathematician Rudy Rucker; for Rucker INFINITY is an everyday thing.) Can you envelope the concept of infinity? Really? Experience it? Can it be experienced? Maybe better to let infinity envelope you.

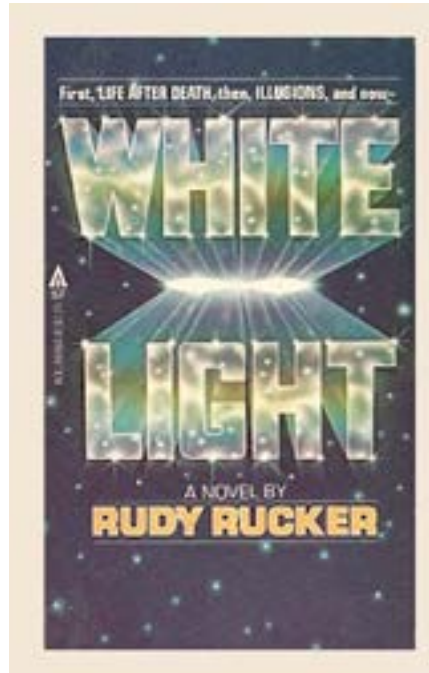
Time. Space. Dimension. Dimensions. Dimensions upon dimensions. Infinity extending outward and inward (for how can that which is infinite be contained or limited? - if it extends externally forever - it extends internally forever also. And dimensionally - it must extend forever dimensionally. Can we limit the number of dimensions? Is the attempt to limit dimension the attempt to limit the unknowable? Is the attempt to limit the unknowable the attempt to limit the concept of God? Is it merely an attempt to keep things within the confines of our plodding quotidian understanding?

Unknowable. Now there is a pretty word. I know what it means. Or do I?

How do I know anything? How do I know that I know? If there is knowing, who is it that knows?

When I know something or think I know something how do I know that that which I perceive to be knowable has in fact the qualities which I presume to know?

All this can drive one up the wall of reason, as up there it has in fact driven me. At times I think harumph! what does it matter - knowing? Maybe it is better to just perceive. But again - perception is a sticky wicket, as we all know.



I mentioned Rudy Rucker ... he is a mathematician of the first rank - who once taught mathematics at the University of Heidelberg ... and who once met, and I assume conversed with with Kurt Gödel. He is the great great great grandson of Hegel. Rucker, aside from writing strictly mathematical and philosophical books (Check out his "Infinity and the Mind, the Science and Philosophy of the Infinite"), also writes science fiction (he has received the Philip K. Dick awards twice for titles in his "Ware Tetralogy"). "WHITE LIGHT" is one of his best-known novels. It is a romp through space and time - infinite space and ineluctable time. In it Felix Rayman, the protagonist, is a math teacher at a NY SUNY college who has been experimenting with LUCID DREAMING (see my book review of a few issues prior to this). Through the aegis of helpful psychotropic drugs, Rayman is experimenting with out-of-the-body experiences. In fact he totally loses his body! Pretty unsettling! Even more unsettling is that the Devil appears, attempting to snare Rayman and take him to Hell. Rayman's childhood faith kicks in and he pleads for Jesus to save him. Jesus does this.

This is all fairly exciting - but then Jesus asks for a favor from Felix. How can he refuse? Jesus asks that Felix help a distraught and restless ghost named Kathy to find Cimon and take her there. At Cimon

she is to be handed over to God/Infinite, who resides at Cimon. Cimon is an infinitely far distance away. How can Felix and Kathy deal with infinity? How can they get to Cimon? Well, remember that this is all taking place whilst Felix (and presumably Kathy) inhabit their astral bodies. I'll leave it in the text as to how Felix's astral body (that of a living person) and Kathy's astral body (that of a ghost) can interact. Mind you, much of Rucker's sci-fi writing is Rucker playing around with mathematical philosophies. This might seem fairly daunting to the non-mathematician, but Rucker's writing is lucid and his expositions so genial, that the lay reader is swept up in the excitement of the story. Higher math? Piffle. A snap. Nothing to it ... just let us translate our astral bodies into White Light by increasing their speeds. Infinite speed Wheee! Ahem.

It seems our protagonist and his charge have managed to extend their traveling speed to that of the Speed of Light ...even surpassing it ... at which 'point' they themselves turn into White Light and automatically merge with Cimon. In a million infinities you would not imagine what Cimon is like. There Felix meets up with mathematicians who had passed on ...Einstein, Georg Cantor, etc.; they are all living at the Infinite Hotel, which has an infinite number of floors and an infinite number of rooms. They are, as one might expect, discussing deep mathematical puzzles and paradoxes. But Felix has done his job, and Kathy leaves him, ostensibly to see God/Infinite.

Things, however get stranger. (could that be possible - yes, as Rucker piles strangeness upon strangeness and infinities upon infinities. Did you know that one type of Infinity can be larger than another Infinity?) Felix falls into companionship with a giant beetle named Franx (yes yes! That beetle from Franz Kafka's "Metamorphosis"). Felix and Franx have adventures on "Mount On" (an infinitely large mountain that partakes of the "Continuum", or the "cardinality of size" and not "aleph-null" infinity) Confused by all this? So was I, but then I wasn't and you won't be either, if you follow the story-line of this fine science fiction novel. Franx likes to talk. He is a great talker. On and on. After a number of perplexing adventures, Franx and Felix find Kathy again. She is not with God/Infinite. Since climbing an infinitely large mountain seems fruitless, they decide, the three of them, to try the other side of Cimon. it is an infinite desert, potted with portals which lead to Hell. Oh-oh.

Felix makes a decision to merge with the Infinite, even though it seems they are already in the Infinite. Maybe this is the Infinity that is more extensive than their present Infinity.... whoa. Felix is back on Earth! His friends accuse him of binge drinking and say that his experiences are nothing but dreams that result from his boozing and smoking.

continued on page #20

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Spring Cleaning Your Practice

by Dave Bennett

Lately we have been doing a lot of cleanup around our home, I guess you could call it a spring cleanup. This takes me back to a time when I was integrating my near-death experience (NDE). Friends and I made a trip to my mentors home in Virginia, but she didn't know we were coming.

Margaret Kean was my NDE mentor and I'd like to share a tidbit of what she showed me. Here is an excerpt from our book Voyage of Purpose where I was speaking about that time.

Margaret lovingly and graciously invited us into her home, though with an odd look. Little did we know at that moment that she had just asked the universe for some help and received instant confirmation from Spirit with us ringing the doorbell.

Margaret headed a healing missionary in Swaziland, Africa. She and her assistant, Libby, spent eight months, or more, of the year bringing medicines and healing to the poor in Africa. Margaret and her husband, Len, had decided to sell the retreat center to allow her more time in Africa. Libby was away drumming up financial support for their upcoming mission work. Hearing all this, William and I immediately offered to help get things ready to sell the property; in exchange Margaret offered guidance, sharing, and her company.

One of the many tasks we tackled was cleaning the stone floor in the front foyer. William and I got down on our hands and knees to scrub it

clean. While we were in the process, Margaret walked by and in passing bestowed a gem of wisdom that stays with me to this day: "How you approach cleaning is the very same way you approach your spirituality."

Some people clean by starting at one end and work systematically and thoroughly. Others have a scattered approach and hit spots here and there. There is no wrong or right way, only the way we choose. Whatever your cleaning style is, it is more than likely it is going to be the same method you approach your spirituality. There is no wrong or right way, it is just your process. Trained as an engineer, I do things systematically. Mindfulness works well with a systematic approach and my cleaning habits reflect that. Margaret's words not only affirmed my approach to spirituality, it made me realize that you can use cleaning to focus and reflect on your spiritual practice...

continues on page #29



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- 1:00 p.m. - **Linda Bloser** - See your Aura. See your Chakras.
 What do they reflect?
- 2:00 p.m. - **Bob Canino** - "UFOs In Perspective - A discussion of the
 latest information on the UFO phenomenon"
- 3:00 p.m. - **Sally** - My discovery through different paths open to
 Spiritual Communication
- 4:00 p.m. - **Coleen Shaughnessy** - "How to develop
 your psychic skills"
- 5:00 p.m. - **Dave Bennett** - "Voyage of Purpose" -
 One man's journey from Near-Death back to life.
- 6:00 p.m. - **Deborah DeRusha** - What is Shamanism - the messages
 we receive in every day life.

Sunday, July 15, 2012

- Noon - **Mark Shaughnessy** - "Animals As Spiritual Messengers"
- 1:00 p.m. - **Robert Steingraber** - Past Life Demonstration
- 2:00 p.m. - **Don Brennan** - "Reiki Healing Meditation"
- 3:00 p.m. - **Barbara Konish** - "Following Your Path"
 - a journey to peace and joy
- 4:00 p.m. - **Wanda Winters** - Working & Healing with
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- 5:00 p.m. - **Kathleen Stoffe** - BioGenesis "
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- 6:00 p.m. - **Roger Frank** - Working with Angels & Spirits

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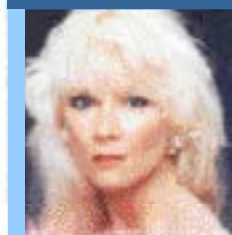
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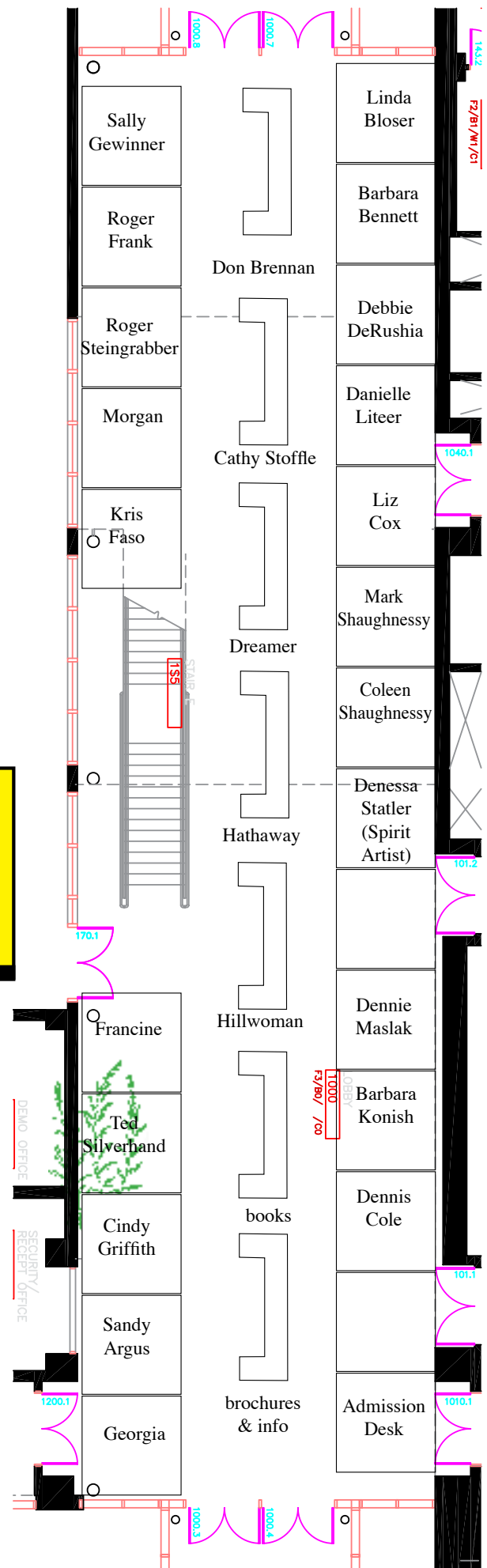
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continued from page #11

Infinity Plus 1

But Felix 'knows' otherwise. He remembers a "continuum hypothesis", which posited three types of existence: solid, aether and ...something higher ... somethings called bloogs. These have all to do with 'non-aleph-null' or 'c-infinitely divisible reality' --- it's a higher reality! Or is it? Can he create bloog/matter? With the help of a physicist colleague, Felix attempts to use his astral traveling powers to reinvestigate the higher infinities which he previously experienced. Will this disprove the 'Banach-Tarski Paradox'? Will time and dimensional reality be duplicated infinitely? Will the government try to control or suppress his research? The adventure continues.

If one enjoys having one's mental parameters tickled and enjoys the playful possibilities of mathematical puzzles presented as adventures, then one will derive an infinite amount of pleasure by reading the many books of Rudy Rucker. One can start with his Science Fiction - or one can start with his solid science - or one can tackle it all, mixing it together in a bloog of creative discovery.

NON-FICTION BY RUDY RUCKER (Partial list):

- "Infinity and the Mind" (1982)
- "The Fourth Dimension" (1984)
- "Mind tools" (1987)
- "Seek!" [collected essays] (1999)
- "The Lifebox, the Seashell and the Soul" (2005)

FICTION BY RUDY RUCKER (Rucker is considered one of the founders of Cyber-Punk Fiction, but prefers his own appellation, Transrealism):

- THE WARE TETROLOGY
- "Software"
- "Wetware"
- "Freeware"
- "Realware" (1980 - 2000)
- THE TRANSREALIST NOVELS (and others):
- "White Light" (1980)
- "Spacetime Donuts" (1981) [Experimenting physicists shrink to a size so infinitely small that they become infinitely bigger than the universe.]
- "The Sex Sphere" (1983) [a Fifth-Dimensional Over-Sphere inserts itself with amorous intention into our dimension - with the expectedly chaotic results]
- The Secret of Life" (1985)
- The Hacker and the Ants (1994)
- "Master of Space and Time" (1984)
- The Hollow Earth (1990)
- "Spaceland" (2002)
- "As Above, So Below" (2002) [a novel about Peter Breugel]
- "Frek and the Elixir" (2004)
- "Mathematicians in Love" (2006)
- "Postsingular" (2007)
- "Hylozoic" (2009)
- "The Fifty-Seventh Franz Kafka" (1983) [short stories]
- "Mad Professor" (2006) [short stories]

continued from page #7

"Why I Married a Chicken"

They don't love her any better than I do. Olive is an indiscriminate, serial pooper, but a fussy housekeeper otherwise, and spends hours a day poking around, examining small objects and specks of nothing much, and generally policing the floor. She even caught a mouse in here once, and always grumbles when one is heard gnawing in the walls or when one flits across the floor. Or imagines that she does. We share meals and maybe a nip of wine. When I write, she is at my feet or at my head. Her influence on my writing is obvious.

Waking mornings, we talk for a while her language mostly, between my bed and her roost. If I don't get up soon enough, she will come off her roost, waddle across the room and fly up onto my stomach.

Then I have about five minutes to roll out and get her some breakfast (chopped cabbage usually) and if I don't, she takes her morning dump on me.

Sure I have some cause for resentment, and I am quite tied down here by my obligations to her, but it is all by choice and I would have only my own choices to blame. I could have eaten her long ago, She sheds feathers on a regular schedule and I collect them in a bread bag.

I already have enough to make the illusion of a replacement Olive, but of course, a bag of feathers, or even a whistling girl could never replace Olive.

You can visit David Warren and the world's tiniest town at

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Third in a series by Tony Riposo

Yoga, Wellness, and Self Discovery - part 3

HATHA YOGA POSTURES

by Tony Riposo

Most people come to yoga for the physical work; the exercise aspects of yoga. The poses themselves are more than mere exercise; they are vehicles for self discovery. Your mind and body are intimately connected; perceiving, reacting and expressing the way you experience the world around you. Everything that you experience every moment of the day is affecting you mentally and physically; we are physiological beings experiencing the environment around us.

As you practice physical postures in yoga, called asanas, your attention is naturally directed toward what you're feeling in your body. The asanas bring your body into an expression of your physiology. Your mind and your body communicate back and forth and because your attention is focused on what you're presently experiencing, you notice the correlation between what your body is doing and how you think about it. As you become aware of something, it changes its behavior. As you become aware of your Self, you begin to change.

In classical yoga the goal is not to exhaust your strength or deplete your energy, but to restore mental and physical balance and harmony in your life. All the practices of yoga work on the human system in unique ways. The asanas bring your body into positions that affect your overall health by detoxifying tissue (lymphatic movement), stimulating, irrigating and helping to normalize the function of the glands, organs and bodily systems. For example, in a simple belly down back bend your body could receive the following benefits; strengthen the back muscles, stretch the abdominal muscles, expand the chest facilitating deeper breathing, align the spine, tone and irrigate the kidneys and stimulate the organs of reproduction. Every pose has a physical benefit, so just by practicing you become healthier. But there is more to creating balance in your life; the way you think and how you perceive things is also a factor. The asanas also provide an opportunity for psychological change.



When you move into an asana your brain receives feedback as to how you are doing and/or what you are experiencing. Your muscles have an intelligence; they know when they are safe and when they are in trouble, and they react accordingly. Your muscles are capable of relaxing and/or contracting if the conditions are right. The muscles are what brings the body into the expression of the asana, and the way you think influences that expression; hence, the mind body connection. We all have issues, right? We know that these issues are stored in our body, so it makes sense that our issues are in our tissues. The asanas provide an outlet for the stored psychological stressors in our life and make it possible for physical, mental and emotional balance.

Yoga really is something that anyone can do. You should always honor your body, respect it and take good care of it. While practicing yoga you should always remain steady and comfortable. If you do, then you will be able to do anything.

Here is where the real work comes in. As you go into an asana and you encounter resistance, you will come to a point that is called the "edge." The edge is where you stop moving for whatever reason when you experience resistance. It could be that you stop moving because of physical compression or tension, or it may be

for emotional or mental reasons. We all encounter resistance at some point, and then we stop. If you are steady and comfortable and your body isn't reacting negatively, as you hold the asana you begin to experience things; sensations, old memories and what you believe. If while you're holding the asana you find yourself witnessing what you are experiencing, and you feel safe enough, there is a possibility for transforming your limitations and becoming more. The asana brings you into a situation that you experience your physical and mental edge, and if the conditions are right, metaphorically you become more flexible physically and mentally. You change, and that change happens every time you practice yoga. This is why yoga is so profoundly life changing.

Yoga is amazing and everyone can do it with the right teacher. Let today be the day that you become more. Find an experienced yoga teacher in your area and start taking classes right away. It will change how you live your life!

In future articles we will continue to look at yoga-related practices and explore how they can become a vehicle for real change in our lives. You can't do yoga and not change.

Tony Riposo

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continued from page #1 **Aura Reflections**

For several years now, I have been interpreting the energy of auras as shown by a computer program. Sometimes, many times actually, I am in awe of the Truth I see on the monitor. When I was processing my intuition to become an aura photographer, the bottom line for me was to be able to communicate with Truth, spelled with a capital "T".

As I went through the learning curve of this skill, intuitive information about my clients started coming to me. I now realize the image I see on the computer screen acts as a tool to bring my awareness to insights that are of value to my clients. It is similar to the process an intuitive reader goes through reading Tarot cards. The reader's interpretation brings insight to the client. It is also the process a palm reader, astrologer, or spiritual artist uses. Each of them utilizes different tools for the interpretations. I now realize a better description of what I offer is "Aura Energy Interpreter".

The vibration of humanity has been moving into higher planes for many years and I wondered how this phenomena would be shown through the computer program I use. I am elated that I have been able to see and interpret changes in the vibrational elevation many people are experiencing at this time. Over the past several months, there have been new phenomena in the aura images. There have been new shades of colors I've never seen. "Sacred geometry shapes" have been appearing over various chakras and within the body silhouette that are completely new to my experience.

When I asked for "Higher Help" in understanding the process, I received guidance that these new "aura phenomena" of energy would be seen in light workers first. That is just how the process is playing out and the new characteristics can be seen and measured through the aura photos.

I have been documenting and compiling this information and briefly interviewing clients in this new energy. It has been extremely rewarding to be with these light workers because, most of the time, they

are consciously aware their vibrations are changing and it is very gratifying for them to be able to see and understand their process. I've also had the privilege to meet with a few "light workers unaware". They are the ones who live the way they feel is right and are not actively seeking paths to

higher consciousness. They are happy to see and know they are so easily attuned to the best way to move through their day-to-day lives.

I am blessed to have the opportunity to experience the unique energy of each person I am with and to know it will continue to evolve as mankind evolves.



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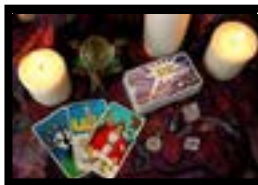
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SUN SIGN POTENTIALS

A Guide to Understanding Self and Others

CANCER



by Dennis Cole

Summer Greetings!

We continue in our series on the Signs of the Zodiac with the Sign, Cancer. Our interpretations are based on the placement of the Sun at the Eastern horizon at the time of birth. Then all of the other planets and the Moon would be in their relative angular relationship along the ecliptic and they would fall into one of the 12 "houses" - **each of these houses representing a "department" of Life Experience.**

In our Solar Chart approach, the Sun placed at the Eastern horizon, is where the so-called Ascendant or "Rising Sign" degree would be if we were to do a "natal chart" (one in which the **time** of birth is known).

Solar charts planetary placements in the Zodiac, along the ecliptic, are approximately in the same signs and degrees that they would be in a **natal** chart. The difference - unless the person was born at Sunrise, in which case the Solar house cusps would be somewhat aligned with

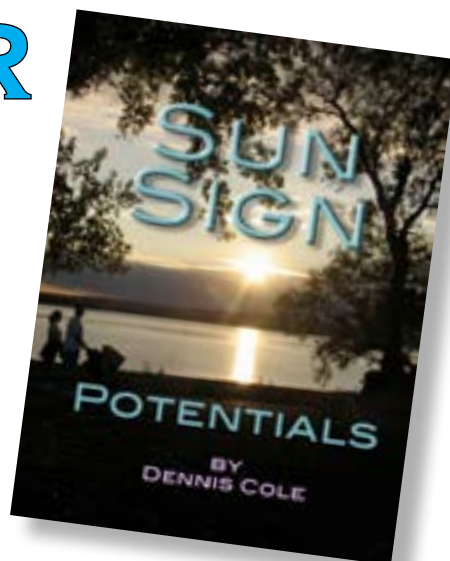
the natal cusps - the difference would be that the same planets in Signs would fall into different departments of life. For Example, the marriage, career, money, romance, health, etcetera, "houses."

Solar horoscope interpretations with the Sun on the Eastern horizon, tend to be interpreted more from an **adult character development** or Solar perspective.

To learn more about some of these basics, you may wish to go to the archived articles on **AquariusServices.net** and look at the July 2011 article in Metaphysical Times.

For further information on this series and its "**WHAT - WHERE TO - HOW - WHY?**" approach to interpreting the Sun Signs, you can refer to the archived articles, mentioned above, for Metaphysical Times, Winter 2011, pg. 3

These articles are based on information in my forthcoming book, "**SUN SIGN POTENTIALS - A Guide to Understanding Self and Others.**"



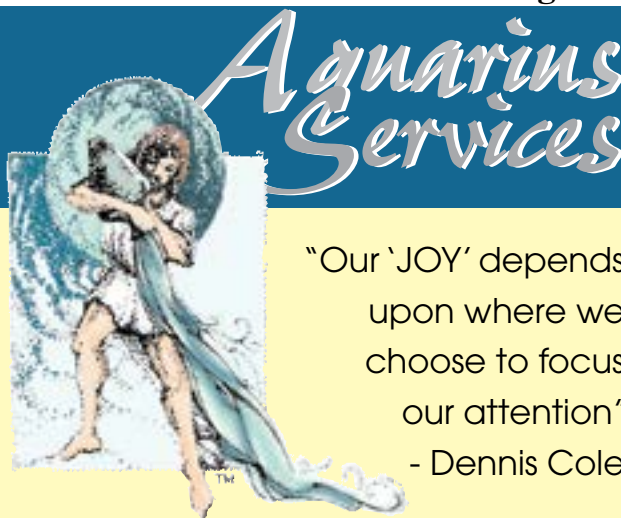
☉ CANCER

June 21 - July 22

This 1st Solar House Cusp relates to the "WHAT" of Your Life Focus)

Your Sun Sign Cancer, is said to be an active water sign. This means you'll have an emotional tendency to act with initiative and directness on new situations. And your approach will usually be based on feelings or emotion backed by will power. Your ruling body, the moon, relates to the subconscious, to receptivity, domesticity and your reigning needs in life, and how you go for them. Your life energies are closely tied in with your stomach or breast areas. Your moods tend to change quickly. Sometimes you tend to withdraw into an emotionally-protective psychological "shell." This may often involve your sensitivity or your pride. At other times you can be very jovial, optimistic, and outgoing. You may be quite philosophical and somewhat

continued on page # 26



"Our 'JOY' depends upon where we choose to focus our attention"
- Dennis Cole

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continued from page #25 **SUN SIGN POTENTIALS -CANCER**

of a natural psychologist - teacher type. Humor will help you to better adjust in your relationships with others. By being open to growing, learning and widening your horizons, you should find opportunities to creatively serve and nurture others in some way. You can understand and feel what others need, and it's natural for you to spend quite a bit of your time in helping others to get onto their feet or to become more stabilized. Much energy is put into personal foundations for stability. You have a tendency to take home and family matters personally. You will fight for home, family and stability. Much of your creativity and life energy is put into these areas. Sometimes it seems your "love" is your home and family. This can include people when you feel "at home" with. On the other hand you can pour much loving energy into a romance once you feel stable with the situation. You tend to associate romance and love with nurturing, loyalty, good food and so on. At times you can be quite dramatic in expressing your feelings.

Loyalty is important to you. You probably have a strong desire to know what you're building for with loved ones. You may have a strong interest in roots. This might include history, family, your country and your home town. Sometimes this interest might show up in the area of antiques.

You are a natural collector of things - You have a tendency to hang onto things. At times you cling to loved ones, perhaps to

the point of "smothering" them.

You are emotional, psychic and have a natural ability to manage and nurture others. You can help people who are limited, or confined in some way.

***You are a
good
"detective," a
puzzle-solver
and
"lie-detector."***

You probably are curious about some of the mysteries of life - including past mysteries. Your life can be very spiritual and inwardly centered. Your father and any children you might have will possess many of these traits and tendencies of yours.

♄ Capricorn 7th House Cusp

Influences

(This 7th Solar House information relates to the "WHERE TO" of your current intended Life's Focus)

At age 29 or 30, and again in your later 50's you'll probably go through some major changes. These changes may involve career or social ambitions. They can also involve marriage, partnership, relationship, or public matters. Some of the following highlights, mentioned in this "where to" section may be keynoted during these major life turning points:

You have the potentials to attract an older, or more serious or business-like mate. This partner or

spouse is cautious, reserved and interested in respect and getting ahead in the world. Your mate simply needs to be an authority in some area. And the respect associated with this authority, or position can be (consciously or unconsciously) associated with love. Your mate has a practical approach to life and is basically a responsible and organized individual with a great deal of perseverance and executive capacity.

This mate that you attract is an organizer who may feel a need to be in control in most situations. This is an ambitious person who likes to have things and experiences which will be useful.

Success does not come easily for your partner although they'll likely make it to the "top of the mountain" eventually. Fortunately the delays your mate experiences are accompanied by a tendency to get younger with

age.

You have a tendency to take marriage seriously. And it can be somewhat of a responsibility for you. However, through perseverance you may become less sensitive and emotional, and develop a more down-to-earth objective outlook as a result of your relationships.

You have a tendency to want a partner whom you can be proud of - a person who is successful or respected. Since you are cautious and discriminating about marriage, you may experience delay in getting married. You probably have more than what seems your fair share of tests, frustrations and delays in your relationship experiences. Some of your main growth experiences in life come through your relationships; and this can include with father or bosses as well as in legal matters. In any case,

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your main lessons include: Cooperation, consideration, and diplomacy (versus emotional withdrawal). In short, learning fairness, proper use of power and to practice the "Golden Rule"

As you pass these tests you may find that you'll begin to earn a great deal of practical fulfillment and respect in life - especially through your close relationships with others.

At some point in your life you could become involved in social or public-related work. Your work could tie in with business or administration. In business you might form a partnership. You could also be involved in a business with your spouse. You will probably appreciate the earthy, practical and responsible qualities that your partner can evoke.

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In whatever areas of work with others you may find it natural to be supportive of these close associates. You are capable of finding some fulfillment through your partner's success and status. Both you and those close to you could benefit through the words of Winston Churchill:

***"Diplomacy
is the art
of letting
others have
your way."***

♎ **Libra 4th House
Cusp Influences**
(This 4th Solar House information relates to the "HOW" of your current intended Life's Focus)

You probably feel a strong tie with home and family. These can be important stabilizing keynotes in your life. Other stabilizing needs can include: Love, hugs, harmony, cooperation and marriage. All of these keynotes are likely to become more significant factors in your life as time goes on. A stable relationship or marriage, as well as harmonious, comfortable and beautiful surroundings are important needs to support your other activities out there in the world away from home.

Good food in harmonious surroundings and company can help you to feel rooted. You may tend to have a well-stocked cupboard, freezer and refrigerator. However, it is

helpful to you to show balance in your life and try not to overindulge in food or drink. Sometimes this may happen as a substitute for satisfaction of lacking emotional needs in other areas of your life - especially harmonious relationships. You may have a somewhat sensitive stomach, and your emotions and some of your food habits may sometimes tie in with any problems in this area. You need to "mother" and be mothered by your partner or others who may be close to you. You probably feel a great need for things to be fair in the family environment and to have family cooperation and a willingness to build together. Loyalty would be very important to you at the family level. At times you can become attached to some of the items of beauty which you collect around your home. Your home can be surrounded by trees, shrubbery - or perhaps a fence - due to your natural tendency to contain things. There can be water near your home.

***All in all,
you are, by nature,
a domestic and
protective person
- especially protective
of those who
are close to you.***

At your roots you are a harmony-seeking, loving, soul who needs to be close with those whom you consider to be family. Your partner can become a natural member of your original family.

♈ **Aries 10th House
Cusp
Influences**
(Relating to the "WHY" of Your Life Focus)

Your desires for personal fulfillment, respect, attention and success can take up a considerable amount of your energy. Much energy can be focused into work and reputation and you can be impulsive in these areas. You are likely to be very aware of how you appear in the eyes of others. You need, and are likely to experience, considerable change and new beginnings relating to your social ambitions, career and drive for fulfillment. Sometimes you may lose interest in what you are doing - especially after the novelty has worn off.

You are able to be a leader and show initiative in your work - or other areas calling for responsibility. At times you may experience some difficulty or danger in relation to your father or a boss. Sometimes this may be more in the form of someone's anger or violence.

It's natural for you to have a strong desire to be respected by others, for who you are and for what you've accomplished. To receive attention or admiration from others would certainly be to your liking!

Your ultimate fulfillment, however, could come from Self-control, Self-respect, and Self-Love.

*In Oneness,
Dennis*

Some Highlights in the Year Ahead for Cancer

Let's take a look at some key planetary cycles in your year ahead and compare them with your natal horoscope, "**Sun Sign Potential for Cancer.**" Through this "as above, so below" symbolism we can get an idea of the essence of some of your potential experiences in the natal "WHAT - WHERE - TO - HOW & WHY" of your life in the year ahead.

Mars, the planet of focused energy and new beginnings, moves into its next "script" for its action, **Libra**, on the 4th of July 2012.

This is your natal 4th "**Solar House.**" And 4th "houses" represent the '**HOW**' of your Life focus within the "**WHAT - WHERE - TO - HOW & WHY**" areas of your annual cycles:

Please refer to these four "departments" of your Life Experiences and their **timing** as shown in the Article: "**Sun Sign Potentials - A Guide to Understanding Self and Others.**" Some additional timing with the four cycles is shown below:

♋ **Cancer 1st House Cusp Influences June 21 - July 22**
(Relating to the "WHAT" of Your Life Focus)

The July 3, 2012 "honeymoon" (Summer's first full Moon), in Capricorn, suggests that by mid-July you are likely to become aware of what's important to you - in your relationship to others and Life Focus as well. The question is "will you choose to take a step and move beyond where you've been with others?"

The New Moon in Cancer on July 19, 2012, during this significant time of **new beginnings** for you every year suggests that, by the first week of August, you will have likely gone through a successful metamorphosis in dealing with a personal crisis that had called for you to re-examine your values.

♑ **Capricorn 7th House Cusp Influences Dec. 22 - Jan. 19**
(Relating to the "WHERE" of Your Life Focus)

♎ **Libra 4th House Cusp Influences Sept. 23 - Oct. 22**
(Relating to the "HOW" of Your Life Focus)

The New Moon in Libra activates Your Solar 4th House on October 15th, 2012. This suggests that, before November, your new beginnings with others would find you open to joyful renewals.

♈ **Aries 10th House Cusp Influences Mar. 21 - April 19**
(Relating to the "WHY" of Your Life Focus)

The New Moon of April 10, 2013 lights up your 10th House of career and ambitions for success and fulfillment. Before the month is over you could feel a sense of overwhelming power and a drive to go forward with your desires.

Happy-Joyful times, in your personal New Year!

In Oneness,

Dennis

I DIG WHEN THESE THINGS HAPPEN

By Kris Faso

Clearly the tone was set. Any fire where I have my drum is a potential foreground for my spirit to connect with the spirit of all my relations. Although I was not drumming, inadvertently, it happened while speaking with friends around the fire in conversation of spirit and all of our relations.

One must consider the reference for having the daily discipline for All That Is, is open to pure potential, a most mysterious affair. Logic cannot offer one any explanation of sudden incident, where for example, on this night, an episode of bilocation to the Second Attention transpired quite unexpectedly.

Whilst conversing with my friends, She'sa, my newest pack member, began to howl in her usual manner of low tenor, setting the tone for the mood of Ohm. The synthesis of her vocalization with what sounded like drums in the distance nearly caused me to remark. Instead, without further ado to her moan, I became acutely aware of the tops of the trees to my left. Without wondering with any sense of acuity as to where the drum sound was coming from, I found myself in a very strange and wonderful place. And as if I were only in the midst of drifting to this place, with some comprehension, I turned to beckon a look towards my company, as if saying, are you aware of... I vaguely recall seeing the lips of my guests move yet I heard nothing.

Immediately a thunderous clap reverberated within me so loud, I felt the stretch of every portion of my physical being unite within a secondary snap that in the instant of event was like a million tiny parts exploding outward from my center. I observed my corporal fragmentation as an onlooker, while a simultaneous fusion of the latter occurred within the shift that transpired. Light filaments where like highways stretching from where I sat to the tops of the trees. And of course, with a sense of no longer sitting, I had taken flight as infinite particles of light energy being like; "beam me up Scotty" as in Star Trek, to a finite location above the trees. And as if nothing had occurred in my physical surroundings, everything in terms my proximate attention to a new location had changed. It was as if, in the only descriptive I can determine, I had become the parallel awareness within both locations.

I found myself gazing into the sky world. An old Shaman woman peered at me through a window. She was gazing back at me as if in a hypnotic state. She was singing a song. As I was observing, the words purged off my own lips. And as if I were only listening, I heard these words I was said to have sung.

From the ancestry of those who came from distant lands. I stir the waters of a wooden bowl fashioned from my ancient hands.

Gifts of offering to the spirit I prepare. Where on the full of a moon I ask the spirits for words to share.

My task for those who seek spirits wisdom - was prepared through the years in the confines of my kitchen.

And if you adjourn from this wise - to the spirit of which I refer, of the ways of this ancestry, of this you can be sure.

The loss of this magic that has truly been misread, as unthinkable in practicality as was natural for those now dead, will disappear with the mothers as new mothers are born - and so without ancient wisdom, generations will forlorn.

continued on page # 32



"Kris, My husband and I would like to thank you for the absolutely life changing experience you facilitated for us. We feel blessed to have met you. Your gift is warm, comforting and above all so accurate. I can not imagine how all the information comes to you, but thank God for being you". Tom & Janet

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Kris' Fall Schedule

July

11 Message Galley/Private appointments. Thousand Islands, Ny.
14-15 Metaphysical Times Psychic Fair and Holistic Expo. Onandaga Com. College
22 Voices of Stone. An interactive lecture/workshop. Held at Lightways Journey Barn, Brockport, NY. to participate/reserve seat. Contact www.lightwaysjourney.com

August

10 Private appointments Cicero, NY
11/12 Evolving Essence Psychic Fair. Rochester Raddison. Jefferson Rd. Roch. NY.
18/19 Erie Canal Historic Society Psychic Fair and Ghost hunt. Erie Canal Villiage Rome, NY.
25/26 Evolving Essence Psychic Fair. Hearthstone Manor Depew, NY.

September

8/9 The original Utica Holistic and Psychic Fair. 1777 Burrstone Rd. New Hartford.
22 Fall Equinox/Harvest Celebration. Drumming Circle and Community Dinner. Kris' home. Open Drumming circle- for details call 315-483-0074 Kris.
29/30 Watertown Psychic and Holistic Fair Hilton Garden Inn Arsenal St. Watertown.

Reserve an appointment ahead of time/receive a discount/all shows.

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Message Gallery-see videos.**

continued from page #14

Spring Cleaning Your Practice

From time to time those words return to me, and I reflect on them. Occasionally we should perform a little housecleaning to shake the dust off our practice. For me that is returning to what started me down the road of spirituality, my NDE. For others it may be connecting and experiencing the joy, beauty, creativity, and healing of living on Mother Earth. Whatever it is, return to the root of your practice and revive it so it may again shine in your heart, bringing revived vigor and inspiration.

Use your style to approach and infuse your practice with the original loving intention that created your practice. Clean the glass so to say, and as we are shinning things up the light can clearly illuminate our future path. Again there is no wrong or right way, but make sure to utilize "your" process, to keep it on your path.

Joseph Campbell once said "I have a theory that if you are on your own path things are going to come to you. Since it's your own path, and no one has ever been on it before, there's no precedent, so everything that happens is a surprise and is timely."

Along your path you may find that others may have a parallel path or may intersect yours from time to time. Enjoy their assistance and friendship. Embrace your own path and your own practice; allow it to propel you into a future of positive potentials.

In our spring cleaning we let go of past hurts and pleasantness, because they weigh us down on the journey. We let go and live in wonder of this moment, always looking forward to the next, forever keeping our light clean and bright. The time has come, enjoy your cleaning.



Francine Bizzari

Clairvoyant • Psychic Medium • Clairaudient

Francine has worked successfully with police to solve local crimes and throughout the U.S. She was instrumental in the resolutions of the Atlanta Children Murders in Georgia.

Francine has been part of national and local broadcast and print media. She was called for Court T.V., Psychic Detectives and A&E Psychic Investigators. She had her own call-in radio show and was a regular columnist in the "Psychic Observer."



Francine's story is featured in the book:
Lives of The Psychics, The Shared Worlds of Science and Mysticism,
by Fred M. Frohock

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Park Drive
Watertown, NY

**Oct. 14, 2012
(Ghost Dinner)**
Hotel Clarence
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**November
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LEE CARROLL has channeled Kryon for 22 years worldwide and is the author of the Kryon Series of 15 books in 24 languages (so far). Well known in Metaphysics, the Kryon channeled books have made the top seller's list of most New Age distributors within months of release. One of his books, *The Indigo Children*, introduced the term "Indigo Children" to the world.

Having presented seven times at the United Nations in New York, as well as in 30 different countries overseas, Lee attracts audiences in the thousands. Lee's fascinating, entertaining lectures bring a message of love, empowerment and unity for Humanity. Mixed with scientific validations, humor and personal stories, his lectures are favorites within the New Age community.

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I Dig When These Things Happen *continued from page # 28*

And for all the stories too, lost along with old tradition, is the loss of conveyance of how to live with a happy, humble disposition.

Hopeful I am still, as in the last of my age, I saw the vision through my eyes, and the human race turns the page.

Know that in this age too... there is a vision in disguise - within the words of a master once quoted for their wise.

Remember the days of old, consider the years of many generations.

Ask the father and he will show you.

Ask the elders and they will tell you.

In the abruptness of the moment, I felt a very unnerving implosion of energy. I immediately noticed the weight of my body, while feeling a profound sense of sadness as I no longer was seeing the needle like shards of light energy. My chest area ached. It was as if, for me to think about, the repercussions of sudden molecular alignment.

My friends where hovering above me. I was on the ground. They were insisting me awake by gently shaking my shoulders and legs.

"Kris, Kris... wake up, said one friend.. Are you ok? You were singing a song, but... it was the voice of an old woman. Who is Angelina? Yea, said the other friend, you should have taped that one!"

Peace on your journey.

To comment write to me at www.krisfaso.com



By
Cindy Griffith-Bennett



God's IM ~ Instant Message and *Instant Miracle*

Instant messages are not only found on smart phones. I got one while talking to, well, while yelling at, God. How often have we had a conversation with God, Spirit, or what ever you want to call "All That Is," and felt it was one sided? I sometimes feel like the Verizon Guy, saying, "Can you hear me now, Spirit?"

I received my answer to that question during a time in my life that was rather bleak, and I was in need of a message and a miracle. I was almost 40 years old (which felt quite old then). I had finally met the guy... you know, the one that could be "The Guy!" After 2 years of dating, we moved to Tully together. I was four hours away from my home outside of New York City. Although I was now in a place with no friends and no family, I was excited to begin the next phase of my life. That was until I got The Phone Call. My boyfriend, Dave was in the hospital ER. I got there as quick as I could and was with him when the doctor came in to tell us Dave had Stage IV Lung and Bone cancer.

While Dave was in the hospital for further tests, he insisted that I still go back to Connecticut for a job. I am a psychic and had a party scheduled in Greenwich. I started the drive down Route 17, crying hysterically. I thought that no one could survive cancer, so I was yelling at God at the top of my lungs. "How could you take away this amazing relationship after you had given it to me?" "How dare you!" (I guess I was in the anger stage, barely past denial!) Anyway.... I probably looked like a crazy person yelling in the car to no one, as this was before built in blue tooth!

In that car, I kept telling God exactly what I thought about him and this situation. I finally yelled, "God, are you even there?"

Immediately a tandem Guaranteed Overnight Delivery truck, with GOD plastered the whole length of both trailers, drives right by me on the highway. I swear it! A Double GOD truck passed me in the right hand lane. It seemed to come out of nowhere and maybe it did.

After two seconds of being shocked by the fact that God answered me, (quite humorously, I might add) a strange calm came over me. I stopped crying and yelling and started trusting that everything was under control. I knew that no matter what, God heard me and was there with me. I can't say that I wasn't scared; I still didn't understand that people could survive cancer. But I had faith that no matter what happened, I had the support I needed to get through what ever was ahead for Dave and me.

That was over 11 years ago. Dave and I indeed got through his cancer. He was in remission in less than 6 months and we have been married for 11 years. We actually got engaged after one of his chemo treatments. I will always be able to joke that he almost threw up when he proposed! :-)) We both feel strongly that the cancer was a part of his purpose. We have since co-authored a book about his life called Voyage of Purpose. He is now able to offer hope to those suffering from terminal disease as well as speak around the country about his Near Death Experience and how it prepared him to cope with and survive Stage IV cancer. During our book tour, I found myself sharing my GOD story a number of times with people who have received messages or saw signs from that Higher Being. Sharing these experiences help us to offer hope when times get tough. They remind us that we are not alone, ever.

I will never forget my Instant Message Miracle.

No matter what life throws my way, I know, and deeply trust, that God hears my call and will be there to help me through... guaranteed!

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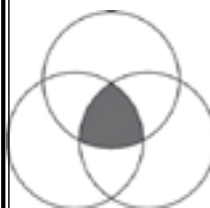
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Hello Fairy Lovers! Happy Summer!

Been so busy connecting with my Camp Fairies that I think my City Fairies were disturbed with me. I came home to find the yard had gone wild in a very short time & I had many volunteers show up in my garden, one of which seems to be a large leafed plant very much looking like a pumpkin vine! I think it's growing two inches a day. I swear I can see the fairies riding on the vine at night! Will have to figure out what to do with it now. Of course I will be consulting with the Gentle Folk before I do anything with it. I just don't need a huge vine growing across the lawn. They love to throw extras at us when we least expect it.

My Fairy friends have been helping me to get my planting done again this year. Their tips are always so helpful. I say "How about here?" and they say "No, over here." It seems to always look better their way in the long run. They have better vision for the future look. Remember their advice last winter about 2012's energy return being much faster? Well they certainly got that one right. Any little blessing I bestow has been coming back double or triple fold! I love it. Also, on my tired days, any grouchy I give out seems to come back double too! So keep giving out positive and watch the miracles unfold all around you.

This is a great time to let the water fairies bless any stones or jewelry. Place them in a lake or stream or the ocean with a special cleansing prayer for a few minutes or even over night if in a safe area. Then watch the life and sparkle come back into them! They love it. Of course the Full Moon nights are extra special for this practice too. I also put out my crystals on the picnic table at camp during the last Thunder storm...crystals really like thunder storms to absorb the powerful energy. Super way to recharge them. The last storm was very loud with lots of lightning, scared the liver out of me, but they loved it. Now I have great freshly charged healing crystals again for to use at my office and home.

It feels so good to be back closer to my Tree spirits in the woods this time of year. With permission, lean against a lovely pine and ask to have an energy boost; the pine takes the heavy energy out of us and then replaces it with the lovely energy coming up through it's roots from Mama Earth, filling you with love and life energy. What a blessing to have such beings all around us on the planet! Recently at a family gathering at a park (which was loaded with fairies and orbs) a little girl came up to me and said "There are fairies all over this place!". I said "Yes there are, and it's so nice that you can see them too!" We talked a bit and I was able to tell her about my Fairy classes, she was excited. I hope more little ones will learn to connect with this realm because it will help to ensure a better world for us all. Go out and give yourself a super day and summer! Til next time, Fairy Blessings to you all!

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We spend our time learning that our Angels, Light Beings, Guides are right beside us... but how can we hear what they are saying.

Spend the day with Wil learning the techniques to calm our mind, to focus on those beings just on the edge of our consciousness, waiting to help us reach a new level of thinking and communication.

Register NOW for this wonderful day of events

Call 315-373-0683

\$200 price

\$165 if preregister/prepay
by Tuesday, Sept. 04, 2012

This special day includes:

- I Ching reading by Georgia (Includes CD)
- Group Analysis and learning experiences on focus, meditation and communication
- Special meditation tool.... *attunement card by Safe Space \$55 value*
- Lots of FREE Goodies!
- Bottle of Energy Water, Personalized just for you!
- Energizer Card!
- Workshop Mug to take home with you!
- Hand outs... Hand outs, *and more!*

Call 315 - 373-0683 for information or appointments

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wilalaura.com email walaura@twcnny.rr.com

